

HEARTBREAK EXPRESS



Chorégraphe : Peter METELNICK - London , ONTARIO - CANADA / Février 1999

LINE Dance : 32 temps - 4 murs

Niveau : intermédiaire

Musique : **From a jack to a king - Ricky VAN SHELTON - BPM 81**

Tonight the heartache's on me - The DIXIE CHICKS - BPM 121/WCS

It took us all night long to say goodbye - Gary ALLAN - BPM

There goes the neighborhood - Keith HARLING - BPM 123

If you're ever down in Dallas - Lee Ann WOMACK - BPM 129

Carnival De Paris - Dario G - BPM 136

Traduit et préparé par Irène COUSIN, Professeur de Danse - 1 / 2009

Introduction : 16 temps

Introduction : 3 secondes + commencer à danser après les 3 coups de batterie

RIGHT VINE, HEEL-BALL-CROSS, RIGHT SIDE ROCK, RIGHT CROSS SHUFFLE

1.2 pas PD côté D - CROSS PG derrière PD

3&4 HEEL-BALL-CROSS D : TOUCH talon D avant - pas BALL PD à côté du PG - CROSS PG devant PD

5.6 ROCK STEP latéral D côté D , revenir sur PG côté G

7&8 CROSS SHUFFLE D vers G : CROSS PD devant PG - pas PG côté G - CROSS PD devant PG

LEFT VINE, HEEL-BALL-CROSS, LEFT SIDE ROCK W. 1/4 TURN, SHUFFLE

1.2 pas PG côté G - CROSS PD derrière PG

3&4 HEEL-BALL-CROSS G : TOUCH talon G avant - pas BALL PG à côté du PD - CROSS PD devant PG

5.6 ROCK STEP G côté G , **1/4 de tour D** revenir sur PD avant

7&8 SHUFFLE G avant : pas PG avant - pas PD à côté du PG - pas PG avant

WALK FORWARD, RIGHT KICK BALL CHANGE, 1/4 PIVOT TURNS

1.2 pas PD avant - pas PG avant

3&4 KICK BALL CHANGE D : KICK PD avant - pas BALL PD à côté du PG - pas PG à côté du PD

5.6 pas PD avant - 1/4 de tour PIVOT vers G (*appui PG*)

7.8 pas PD avant - 1/4 de tour PIVOT vers G (*appui PG*)

ROCK-STEP, 1/2 TURNING SHUFFLE, ROCK-STEP, SYNCOPATED CROSS STEP

1.2 ROCK STEP D avant , revenir sur PG arrière

3&4 TRIPLE STEPS D : **1/4 de tour D** . . . pas PD - **1/4 de tour D** . . . pas PG à côté du PD - pas PD à côté du PG

5.6 ROCK STEP G avant , revenir sur PD arrière

7&8 pas PG arrière - pas BALL PD arrière-légèrement de côté - CROSS PG devant PD (*épaulé D ↗*)

HEARTBREAK EXPRESS

CHOREOGRAPHER : **Peter METELNICK**

COUNT : 32

TYPE : 4 wall line dance

MUSIC : **From A Jack To A King by Ricky Van Shelton**

Tonight The Heartache's On Me by Dixie Chicks

It Took Us All Night Long To Say Goodbye by Gary Allan

There Goes the Neighborhood by Keith Harling

If You're Ever Down in Dallas by Lee Ann Womack

Carnival De Paris by Dario G

When dancing to the non country track by Dario G, start on 33 count after the drums start You will hear a whistle.

If you start the dance at the correct time you will end the dance on the last count facing the front wall.

When dancing to the Dixie Chicks tune, start right after the Chicks' sing "out the" on the word "door".

Dance will end perfectly with the music.

VINE RIGHT 2, RIGHT HEEL BALL CROSS, RIGHT SIDE ROCK & RECOVER, RIGHT CROSS SHUFFLE

1-2 Step right foot to right side, cross step left foot behind right

3&4 Touch right heel forward, step right foot back, cross step left foot over right

5-6 Step right foot to right side and rock, recover weight on left foot

7&8 Cross step right foot over left, step left foot to left side, cross step right foot over left

VINE LEFT 2, LEFT HEEL BALL CROSS, LEFT SIDE ROCK & RECOVER WITH 1/4 RIGHT TURN, LEFT FORWARD SHUFFLE

1-2 Step left foot to left side, cross step right foot behind left

3&4 Touch left heel forward, step left foot back, cross step right foot over left

5-6 Step left foot to left side and rock, recover weight on right foot turning 1/4 right (now facing right side wall)

7&8 Step left foot forward, step right foot together, step left foot forward

WALK FORWARD 2, RIGHT KICK BALL CHANGE, RIGHT FORWARD, 1/4 LEFT PIVOT TURN, RIGHT FORWARD, 1/4 LEFT PIVOT TURN

1-2 Step right foot forward, step left foot forward

3&4 Kick right foot forward, step right foot together, step left foot together

5-8 Step right foot forward, pivot 1/4 left, step right foot forward, pivot 1/4 left (now facing left side wall)

RIGHT ROCK FORWARD & RECOVER, 1/2 RIGHT & SHUFFLE, LEFT ROCK FORWARD & RECOVER, LEFT BACK, RIGHT SIDE, LEFT CROSS STEP

1-2 Step right foot forward and rock, recover weight on left foot

3& Step right foot turning to the right 1/4, step left foot together turning 1/4 right,

4 step right foot together (now facing right side wall)

5-6 Step left foot forward and rock, recover weight on right foot

7&8 Step left foot back, step right foot back and slightly to the right, cross step left foot over right (turning body slightly to the right)

REPEAT

This dance was choreographed after I met the Dixie Chicks in London. It was a thrill to meet them & see them perform. They put on a good show & it was great to hear songs such as "Let 'Er Rip" live. When I heard them sing "Tonight The Heartache's on Me", I realized what a good song it was & went home that night to play the CD version again. Heartbreak Express was choreographed the next day.

http://members.aol.com/cactusstar/heartbreak_express_2.txt